

Rejoice!

APRIL 2014



**The Magazine of the
West Norfolk Methodist Circuit**

Greetings from the Manse,

I have been asked to write this month's article for Rejoice and I am grateful for the privilege. I am glad it falls in the month when we re-experience the death and resurrection of Jesus. And so I choose to reflect upon the Christian hope in this holy season. Let us welcome the hope Easter gives, especially for those like me who will shortly be letting go of the familiar and starting what will in many ways be a new life. Speaking personally I have greatly enjoyed my ministry in the Hunstanton/West Norfolk circuit and will look back upon my thirteen years with much fondness and warmth. My thanks to you all for your Christian love and friendship, especially when you laughed at my jokes and sympathised with my aches and pains. Thank you also for the many examples of faithfulness and steadfastness that your lives have held before me to bring me encouragement and hope.

We can face anything, endure anything, as long as we know or believe it will not last forever, and that something better will happen. For instance, people will face a long, painful and dangerous operation if they believe it will make them well again. We can face the rigours of a long and miserable winter because we know that Spring will come again. What all this underlines is the importance of hope. Hope is as necessary for the spirit as bread is for the body. It is amazing what the human spirit can endure and overcome provided it is nourished by the bread of hope.

Easter provides an enormous injection of hope for the human spirit, and how much it is needed. There is a lot of tragedy in life. Good things are destroyed. Good people are cut down: family members, friends, local people who go about their business quietly and internationally renowned figures suffer and die. And of course, there is Jesus. He too was cut down. But He rose again.

The world didn't take much notice of the resurrection of Jesus. The reason for this lies in the fact that it was a humble, hidden event. Jesus did not appear in triumph in the Temple in Jerusalem, humiliating those who humiliated him. Only those whom He called by name, with whom He broke bread and to whom he spoke words of peace, were aware of what happened. And even they had difficulty in believing. Like us, they were slow to believe. Yet, it was this hidden event that freed humanity from the shackles of fear and death.

Jesus rose as a sign to those who loved Him and followed Him that God's love is stronger than death. The resurrection of Jesus must not be separated from the resurrection of humanity saved by Him. By entering fully into human life, and by experiencing the bitterness of death, Jesus became a Brother and a Saviour to all people.

At Easter we still feel the pain of the world, the pain in our families and among our friends, and the pain in our own hearts. But a new element has been introduced into our lives. It doesn't remove the pain but gives it a meaning. It lights it up with hope. All is different because Jesus is alive and speaks his words of peace to us as he spoke them to the apostles. Faith in the resurrection of Jesus is the basis of our hope of eternal life, a hope which enables us to bear patiently the trials of life. Therefore, there is a quiet joy among us and a deep sense of peace because we know that life is stronger than death, love is stronger than fear, and hope is stronger than despair. He is risen! He is risen indeed!

With every Easter blessing to you and yours,

Kim Nally.

SAFEGUARDING REPORT MARCH 2014

The Leadership Module for Safeguarding Representatives is being rolled out. At present there are no local trainings so it is hoped that there will be some soon.

DBS Checks should be obtained through your Minister who has the relevant code for online form filling.

Anyone needing to attend 'Creating Safer Space Foundation Level' training should contact us to be added to the waiting list. Once we have half a dozen names, we will run a further session.

Circuit Safeguarding Officer – Wendy Murray 01553 827390

Deputy Circuit Safeguarding Officer – Linda Howling 01553 829146

Praying together in the Circuit

John 12:27-28

Jesus Speaks about His Death

"Now my heart is troubled—and what shall I say?
Shall I say, 'Father, do not let this hour come upon me'?"

But that is why I came—
so that I might go through this hour of suffering.

Father, bring glory to your name!"

Then a voice spoke from heaven,
"I have brought glory to it, and I will do so again."

A Christmas card too precious to part with -
a picture of a lamb on a hillside in Bethlehem,
A star shining in the sky over the little town
And underneath the picture the words:
He came to pay a debt He did not owe
Because we owed a debt we could not pay.

That is why I came so that I might go through this hour of suffering

We cannot by-pass Calvary, there is no other road to life.
Lord, I kneel at the cross; You took my place and gave Your life for
me.

I am redeemed by the blood of the Lamb.

Thank you O my Father for giving us your Son
And leaving your Spirit till the work on earth is done.

This is my Son in whom I do delight
My own dear Son, beloved, true and fair
This is my Son, O look upon the sight

Draw close to Him, and you His voice will hear
This is my Son, His glory will not cease
He comes to give you life and joy and peace.

Prayers have been requested for:-

Derek + Viv , Stephanie, Janice, Marie + children. Anne, Amy, Trisha, Linda, Ruth Harbach, Andrew, Mavis, Julia, Rachel, Judy, Dulcie + Neill. Kelly, Kath, Stephen + Victoria, William, Tom . Ken and Norma. Brian and Marjorie Osborne.

Ruth, a friend of Harold and Barbara from Clenchwarton, died in February after many months of suffering. We give thanks for her life and her faith and pray for her family and friends at this time.

Margaret Dean recovering at home; Sheila Nunn in the QE still waiting to go to Papworth, Rev Marie Whitcombe after an operation on her hand. Rev Ray Trudgian and his wife.

Praying for the Circuit. Mondays at London Road.
We are now meeting at 2.00 pm
Thursdays at Downham Market at 11 am

CALLING ALL SINGERS!

PENTECOST IN THE PARK

Saturday, 7th June

Do you like singing? We are looking for singers to augment the Downham Choir for 'Pentecost in the Park' when we are planning to contribute two items. You don't have to be a member of a choir but please let me know as soon as possible if you are interested. Rehearsals times/venues and/or transport will be sorted when we know who is involved. We anticipate this being a wonderful circuit event and it would be great to have circuit-wide participation in the choir.

John Miles (01366385772) john.miles@milesfamily.or

Circuit Event



An afternoon helping us, as a circuit,
to reflect on being welcoming churches

at

London Road Methodist Church

on

Sunday, June 22nd

3 p.m.

Includes cup of tea (Please bring some cakes!)

Concluding worship from 6 p.m.— 6.30 p.m.

PENTECOST IN THE PARK

...the church has left the building...

**Open Air Circuit
Celebration
for Pentecost**

Saturday 7th June 2014

**At the bandstand in the
Walks, King's Lynn**

**Gathering from 2pm for craft activities and
fellowship**

Service from 3pm

Followed by a picnic (please bring your own!)

A fun and friendly Church-family afternoon out:

ACTORS WANTED
For a short sketch in the
Circuit Eve of Pentecost Celebration
PENTECOST IN THE PARK
Contact: Deacon Janet Stafford
01366 388766
screamingalice48@gmail.com

MAY 24th

Methodists celebrate the nearest Sunday as “Aldersgate Sunday” from the street in London where John Wesley, at a time when his spiritual life was at a low ebb, attended a Moravian meeting and came into a powerful spiritual experience. This is how he described it himself:

“In the evening I went very unwillingly to a society in Aldersgate Street where one was reading Luther’s Preface to the Epistle to the Romans. About a quarter before nine, while he was describing the change God works in the heart through faith in Christ, I felt my heart strangely warmed. I felt I did trust in Christ, Christ alone for salvation and an assurance was given me that He had taken away my sins, even mine”

His brother Charles had come into a similar conversion experience three days earlier on Whit Sunday, which he expressed in the matchless hymns we sing today. So began the Methodist Church which today reaches out into 132 different countries and cultures and has a world membership of 80 million members, even larger than the Anglican communion.

It is interesting to recall that John Wesley came to Lynn 12 or 13 times.. Actually he must have passed through the town in 1758 for he describes crossing the rather dangerous Cross Keys Wash late one evening, though advised not to attempt it. He does not seem to have tempted providence again – perhaps someone told him what happened to King John - but thereafter came this way on the Ely Downham route, though that was not much better. His first official visit was November 1771. He was quite impressed: “Lynn seems to be considerably larger than Yarmouth. I believe it stands on double the ground and the houses in general are

better built; some of them are little palaces. The market place is a spacious and noble square, more beautiful than either that at Yarmouth or Norwich and the people are quite of another turn, affable and humane. They have the openness and frankness common throughout the county and they add to it good nature and courtesy.”

While in the town he visited the prison: “I was desired by the prisoners to give them a word of exhortation. They received it with the utmost eagerness” These were harsh times. The gallows near the South Gate were frequently used for even petty crimes, with crowds gathering to watch the executions. Wesley’s compassion was touched by the wretched conditions in prisons and he agitated for prison reform. At his service in the evening many could not get in and created a disturbance, until eventually they went away quietly.

During this visit to Lynn, Wesley wrote to Miss Ann Boulton and Miss Mary Stokes, almost the same letter to both. “Keep that safe which God has given you...use every grace. Stir up the gift of God that is in you. Be zealous! Be active!....Speak for God wherever you are.”

From then on he seemed to come about every two years. On his next visit in 1773 things were not so good. “Here was once a prospect of doing much good but it has almost vanished away.” Calvinism had torn the infant society in pieces. “I did all I could to heal the breach and having recovered a few I left them all in peace.” The next time he came he visited all the members and those who had left. Notwithstanding the divisions the house where they met was not half big enough for the congregation. By 1781 he could write; “I went to Lynn and preached in the evening to a very genteel congregation. I spoke more strongly than I am accustomed to do and hope they were not all sermon-proof”

In 1785 “I crossed over to Lynn which has been, of a long season, a cold and comfortless place. But the scene is now entirely changed; two young, zealous, active preachers have enlivened both the society and the congregation.” This entry highlights the problems of travelling in 18th century England. It was late at night before he reached Downham in a post-chaise, (He was now 82 so the days of travelling on horseback were past). “We were informed that in so dark a night we could not travel over Ely roads, which run between two banks across which are many bridges where the coachman must drive to an inch; but we knew in whom we trusted and pushed forward, till about one on Thursday we reached London.”

In 1785 the first Methodist Chapel was built in Clow Lane (now Blackfriars Street) and Wesley had promised to preach in it. He found “a very lively

and loving people, increasing in grace as well as in number, and adorning the doctrine of God our Saviour.”

John Wesley`s last preaching journey was to East Anglia and during the course of it he came to Lynn in 1790. Driving from Swaffham in a single-horse chaise “the wind, with mizzling rain, came full in our faces and we had nothing to shield ourselves from it, so that I was thoroughly chilled from head to foot before I came to Lynn. But I soon forgot this little inconvenience, for which the earnestness of the congregation made me large amends.” How things had changed from the old days of opposition and persecution! He stayed with the Vicar at St Margarets and records: “In the evening all the clergymen in the town, except one who was lame, were present at the preaching. They are all prejudiced in favour of the Methodists as indeed are most of the townsmen, who gave a fair proof by contributing so much to our Sunday Schools, so that there is near twenty pounds in hand.”

I wonder what he would have to say to us if he came to Lynn today?

John Garfoot

1st Downham Market Boys' Brigade

We wish to thank our Church members, parents and old Company members for helping us to celebrate our 30th Anniversary at the church on March 4th, with our first captain, John Miles, and one of our first officers, Alan Sherfield. They helped with Mr Game and Mr Perkins to start the company in 1983. There was also a very big, beautiful cake made by Mrs Swain,.

Mr Jim Game and Mr Ralph Perkins received their 30 Year Service Award. Mrs Oldham and Mr Swain received their 15 Year Awards. Malcolm Sorrell received a certificate for the Boys' Long Service Award for 18 years with the Company. Rev. Morris Stafford had led our Thanksgiving service on the previous Sunday and was present with our guest of honour, Mrs Sheila Forth, who cut the cake. She received some flowers from our youngest member as a mark of our gratitude. The cake had been taken round the hall by Mr Game to show to all our visitors and boys. It was delicious.

How good it was to see so many supporting us.

Thank you.

One of the staff

And from Officer Jim Game, more thanks:

Brian Bannister for the music.

Officers to work week by week.

Young people for the energy they provide.

Support from the Church.

Birthday cake made for us.

Ralph and Ron.

Idea to form a Company in Downham.

Greetings from the boys of earlier days.

Advert in Church magazine.

Drummers drumming.

Everyone who took part in or came to the Celebrations!

Methodist Women in Britain

Easter Offering this year takes the title **Risk The Path He Trod**

Christian Mission has always involved risk, for risk is at the heart of the Christian gospel. The call to follow the risen Christ from incarnation, along the path to the cross and beyond, requires us to take risks.

The Easter Offering Service for 2014 takes as its title a line from the hymn, 'One human family' by Rosemary Wakelin, and invites us to 'risk the path He trod' in our own situations and as part of the World Church family, for all mission is 'One Mission' and all are called to engage in God's mission.

This Circuit's Easter Offering Dedication Service will be held at Downham Market on 21st May at 2.30pm. We look forward to coming together. All are welcome at our events and services but especially at this service when we dedicate our gifts.

Easter Offering envelopes and information will be available in all churches soon.

A note to Church Treasurers: As last year all envelopes should be opened in the church and the money put through the church accounts. Cheques should be made payable to The World Mission Fund for presentation at the Service. Gift Aid Refunds should be collected by individual churches and also sent to me to pay into The World Mission Fund.

Mary Uttin

Goodnight!

*Let all your cares slip from this place;
Forgive your enemies and be forgiven;
Ask God for nothing save sufficient grace;
Think of one friend and lift him up to Heav'n;
Give thanks for all the joy that made this day;
Pour out your blessings as the stars pour light;
Your path is set along the Heavenly way.
Your destiny is sure.
Sleep well!
Goodnight!*

Derek Neville

Everyone is invited to
'Words from the Cross'
Presented by
Downham Market Methodist Church Choir
at
7.00 pm
on
Good Friday (April 18th)
in
Downham Methodist Church
A meditation for Good Friday
using
music, images and original poems by
Godfrey Rust

Around the churches



Hilgay

Thank you to those people who have been in touch, sent cards and best wishes for my recovery and remembered me in their prayers. I have had a difficult time since my operation on January 22nd. At last I am beginning to feel better and am able to do a few light jobs around the house. I was told it would be 3 months before I felt better. It looks as if that will be the case.

I am pleased to say that our friend Elinor is now home after two weeks in hospital. She is having to take things steady but we pray that by the time this is published she will be feeling stronger too.

We also pray that Gordon Kisby will get treatment to help him feel stronger too. Our congregations have been considerably depleted lately, but we have been pleased to welcome a new friend into our worship. Francine is staying in Hilgay at present and we are pleased she has chosen to join us.

With God's help, Hilgay Methodist Church will go on as a vital witness of His love in the village.

Pauline Driver

Dersingham

A very enjoyable Sunday lunch was shared by members of the congregation and Rev. Pam Bayliss after the morning service at the end of February. The community lunches continue on the first Monday of each month and are obviously much appreciated as the participants seem to arrive earlier and earlier, and the noise level of the chatter rises and rises - until they receive their lunch!

The profits from the next coffee morning on Saturday 26th April will be divided equally between Methodist Homes for the Aged and Action for Children.

Our Bible Fellowship has been following a Lent series at the home of Philip and Elizabeth Batstone. The United Lent Services have taken place at different churches in the Deanery during March and will continue on Wednesday 2nd April at Ringstead led by John Bloomfield, preacher Geoff Suart, and on 9th April at Snettisham led by Geoff Suart, preacher Bishop Jonathan, both at 7 p.m. On Saturday 12th April a combined choir will sing "Olivet to Calvary" at St. Mary's, Heacham also at 7 p.m.

On Good Friday the Rev. Kim Nally will lead the service at 10 a.m. and on Easter Day we welcome David Clarke to our pulpit in the morning and Stuart Bellis in the evening.

Our Flower Festival is fast approaching and this year is based on the theme "Gardens of the Bible". There will be the usual stalls, lunches and teas. We are always pleased to see friends from around the circuit and are grateful for your support. The Sunday morning service at 10.30 a.m. will be led by Rev. Alec Callaby of Sprowston, Norwich (not as printed in the Plan) who candidated for the Ordained Ministry from Hunstanton and is known by people in this part of the Circuit. We look forward to his visit. The evening service at 6 p.m. will be a Songs of Praise service.

Rosemary Caink

Pott Row

Songs of Praise

On Sunday afternoons many of us enjoy watching Songs of Praise on television - and on one Sunday morning at Pott Row we enjoyed lifting our voices in our own Songs of Praise.

I should like to point out that we had no conductor, nor a roving camera to show those who were opening their mouths wide while singing!

We did have Catherine shepherding us through the fourteen hymns which had been chosen by members of the Chapel family, and as we were singing them they brought back memories to those who had chosen them.

As usual, time restriction meant some verses of most of the hymns had to be missed out, but Catherine skilfully arranged our choices into a meaningful service of prayer, thanksgiving and praise.

Once again the organists led our voices to their usual singing success - and we still had enough breath to sing the whole of our final hymn, Charles Wesley's 'Give me the faith...'

After the service we enjoyed the usual tea, coffee and cake as we also celebrated a wedding anniversary and an eightieth birthday!

A great Sunday morning!

Bill Hone

Downham Market

Ladies' Friendship Circle

Our next meeting is 9th April when we are having an Easter Quiz with Ruby and Margaret. A competition to make an Easter Card.

23rd April - A talk by Peter Parker from Tapping House Hospice.

We had two very enjoyable meetings in February when Ray Wales, our local Town Crier, came to talk to us about his work. This was informative and humorous. David Brooks came and showed us slides and talked about his life as a diver in the Police Force in London.

We are having an afternoon outing on the 14th May. The coach will leave the Hollies at 1pm going to Wells for a tea break then following the coast road to Hunstanton for fish and chips. If you would like to join us please let Ruby 01366 388922 or Margaret 01366 386055 know, you will be very welcome.

Happy Easter to you all

Margaret Fox

We seem to be well into Spring now and to have escaped a snowy, icy Winter, but then we have had snow in April before now so we shall have to wait and see what kind of Spring we have. I know the month of

March last year was bitterly cold, our heating had packed up so I remember it well. Now we seem to be enjoying warm sunny days interspersed with cold windy or damp foggy ones so we must just take each day as it comes. So good to see all the growth and colour returning to our gardens and countryside. We have managed to have our Saturday coffee morning plant sale outside on the grass for the last two weeks and it has been good to chat with long standing customers and to learn the plants they bought last year are thriving. The month of February was very busy for some of our Church family. We had a really splendid Boy's Brigade service to celebrate their 30th birthday. It was good to hear from all the original boys of 1984 and they all, whether in person or by video, paid tribute to their hard working leaders who set them on the right road through life and how much they had enjoyed their BB days. Another of our members, Martin Chilvers, who was head of history at Downham Academy, takes a party of youngsters to Ypres every year and this year our own grandson Daniel went and laid the wreath at the Menim Gate ceremony, which stops the traffic every evening. As there were no other organisations laying wreaths they even appeared on Dutch TV; a good advert for the school. Having been to Ypres several times with my last choir, I know how moving the ceremony and the tour of the trenches and cemeteries can be. It is most important for the up and coming generations to learn about the sacrifices of their forebears and to realise that there is no glory in war. The message seems particularly pertinent at the moment with the contretemps over the Crimea.

We had a Churches Together meeting on Monday and the report of the local food bank from Jenny Filby included the news of a donation of £250 from Downham Rotary Club, which will be used to buy any essential food items which have not been donated; the fact that the local branch of the Cats' Protection League have been donating cat food, nothing for dogs yet but she made the point that some people would feed their pet before themselves so donations of pet food very welcome. We have a box permanently in the Social Centre, open every

morning, and now Barclays Bank is also a collecting point. Again if you feel you could volunteer at the food bank on Tuesdays from 12.30 to 2.30 or Fridays 10.30 to 12.30 please ring Alex on 01366384474. The usual Walk of Witness is being planned for Good Friday morning, starting at 9.00 a.m. from St. Edmunds and it will follow the same route as previous years, round the town finishing at our Methodist Church to enjoy hot cross buns before the service. In the evening our choir will be singing "Words from the Cross".

Our Sisterhood group met for the first session after Christmas last week and had an enjoyable reunion with Janet Roust and Meg Harrison treating us to music and drama. On 23rd April Janet Stafford will be speaking to us and on 30th our Guide Leader Victoria will tell us about the Guides trip to Switzerland. We meet on alternate Wednesday afternoons at 2.30, usually with a speaker and stop for tea and biscuits and a natter before we leave at about 4.00. We are a friendly bunch, who try to look after each other and if you are free to join us you would be warmly welcomed.

Joan Macey

St Faith's

Preparations for Holy Week and Easter Day are underway with a number of Lent courses being held in church members' homes around the Parish.

On April 6th there will be a celebration of Passion Sunday with a 9.45am Holy Communion service, Open Door Cafe style worship at 11.30am and a performance of St Luke's Passion at the 6.30pm evening service.

The previous day, April 5th, there will be the latest in the popular Coffee Mornings in Gaywood Church Rooms, starting at 10.30am. These sessions of coffee and chat are a worthwhile and positive outreach exercise. Everyone is welcome to come along and enjoy coffee, tea and snacks and the opportunity to meet together for a chat.

April 8th sees the latest in the ACE programme and this session will take the form of a Quiet Evening for Lent led by Rev Maurice Stafford, from Downham Market. This will be a joint session with the Methodist Circuit Fellowship. All are welcome to attend the evening which starts at 7.30pm. More information is available by contacting Jackie Austin on 01553 763343.

Now we are in April, people's minds turn to Spring Cleaning and, of course, the church buildings also need a thorough clean after the winter months. Volunteers are being sought to help with St Faith's Spring Cleaning to be held on Saturday 12th April. More details about the cleaning session are available from the Church Office on 01553 774916.

Palm Sunday is on 13th April and at St Faith's there will be a Praise God Together service at 9.45am and an evening Holy Communion service starting at 6.30pm.

Services during Holy Week include Maundy Thursday service at 7.30pm.

Members of St Faith's Church will join people from other King's Lynn churches for the traditional Good Friday Procession of Witness. The St Faith's Group will start out at 10am with a short act of worship and then process, carrying a large wooden cross from Gaywood into the town centre. There will then be the Act of Witness procession through the shopping centre starting from outside the Minster at 11am.

On Easter Day the celebration of Christ rising from the dead after the Crucifixion on Good Friday will be held. The main services will be at 8.45am and Easter Praise at 6.30pm. Everyone is welcome to these services.

Although it is only April and Christmas seems a long way off, plans are moving ahead for St Faith's Church second Christmas Tree Festival to be staged in December this year. The first ever tree festival in 2012 proved so successful that it was decided to stage a second event. A small, enthusiastic team of church members is meeting regularly to

plan the event. Everyone was delighted with the huge success of the first Tree Festival.

More details about the Festival will appear in future editions of the magazine.

Richard Parr

Southery

Our "*Taste of India*" meal was very successful raising £400.00, toward helping the Vidiyal Centre look after the health and education of the slum children. I would like to thank everyone who helped or contributed in any way to this very enjoyable evening.

Rev Andrew Sankey said a prayer before the lovely chicken curry meal. We started with onion bargees and samosas, donated by the Village Shop, cooked by Disho and Marilyn. The main course and dessert were cooked by Hazel with Sheila's and Marilyn's help. Thank you to everyone who donated prizes. Sue ran the raffle and helped serve the food, with Maggie and Sylvia. The food was first class, just right, giving a taste of India without being too hot, and as for the trifle..... all I can say about that is, please Hazel can I have some more? The atmosphere was good, helped by the table decorations provided by Sue and the presence of the three ladies from New Dawn India, dressed in saris.

After the meal was over Andrew, dressed appropriately Indian style, gave a talk and showed us photos of his recent visit to India, which was very interesting. After Andrew finished Sandra Davies, a trustee of New Dawn India, spoke about the charity, showing photos of the slums, the drop in centres, schools and refuges that are provided by "Vidiyal" the name for New Dawn in Tamil. There were also photos of the slum children including the children we sponsor.

These were followed by the draw and guess the name of the handmade Indian doll with two sets of clothing, which was won by Judith Fletcher, who very generously gave it back to Sandra, so that it can be used again to raise more funds for the charity. Andrew closed the evening with a prayer.

We would like to thank everyone who came to this fundraising evening; your generous support is much appreciated.

Songs of Praise on Sunday 2nd March, was led by Deacon Janet Stafford, a very well put together service using hymns and readings, to emphasise the Lord's Prayer. As usual this service was followed by refreshments and socialising.

Walter Cornwell.
Church Council Secretary.

Stow Bridge

We can be very grateful that our fields and houses are not flooded as the shrubs and hedges are waiting so eagerly to show their leaves and blossom. All around are daffodils, crocus, snowdrops with some tulips to brighten our day. We are buying our seed to set, looking at the lawn mower, fiddling with our clocks for longer daylight hours; there are newborn lambs in the fields and Easter soon to come with everything about New Life and Hope. So we ask God to help us understand its whole meaning as often as we marvel at what God has done for us. Was it really done for ME?

Thanks are offered by Megan Ayres for the good wishes after a short stay in hospital and we trust that all of us will perk up in the warmer sunny days ahead.

Peter Hewitt

I asked a German man if he could tell me where the Pope lived. He said, "Vat I can!"

I was dreaming I was driving round the roundabout, driving with my left hand and tossing a pancake with my right.
I was tossing and turning all night!

Sorry, I've got to go and pick the wife up. She keeps falling over.



Any items for the **MAY** edition should be with the editor by **APRIL 12th**, earlier if possible. If you don't get an acknowledgment of emails please feel free to enquire if I have received them as some articles have found their way into my spam bin which I don't check very often!

Mrs Barbara Foster
140 Stow Road
Magdalen, King's Lynn
PE34 3BD
Tel. 01553 811867
E mail rabbit1308@btinternet.com

The Scar

The scar, an innocent reminder of a recent operation.
Purple, raised, angry, isolated on my skin.
A symbol of my inner self.
Unforgiving, proud, frustrated and alone.

The scar, an innocent reminder of change.
Pink, fading, smoothing gently into my skin.
A symbol of my inner self.
Forgiving, humble, reaching for His hand that guides.

The scar, an innocent reminder of healing.
Silver, like the lining on a cloud, blending into my skin.
A symbol of my inner self.
Restored, faithful, following His righteous path.

The scar, an innocent reminder of salvation.
See His hands, His feet, His side.
A symbol of His love for us.
God's gift, His only begotten Son.

West Norfolk Methodist Circuit Diary April 2014 onwards

Thursday April 17th MWiB Spring District Day at Trinity Church
Lowestoft

Saturday April 26th Farewell service for Kim Nally at
Hunstanton at 4 pm

Saturday May 10th District Event Big Pray at St Christopher's
School, Red Lodge, 10.30am – 3.30pm

Wednesday May 21st Easter Offering service at Downham
Market 2.30pm

May 22nd – 25th Flower Festival at Dersingham 124th Church
Anniversary

Saturday June 7th Circuit Pentecost Celebration in The Walks
King's Lynn 2 pm – 5 pm

Sunday June 22nd Welcoming Churches session at London
Road 3pm -6. 30 pm

Saturday, July 5th Farewell Picnic for GT at Cambridge

Saturday/Sunday 12th/13th July MWiB Conference at Belsey
Bridge

Saturday August 30th Welcome Service for new Chair of
District, Rev Julian Pursehouse at Chapelfields Road Norwich
at 3 pm

Saturday September 6th Welcome Service for Rev Stephen
Oliver at Snettisham at 3 pm

Monday October 6th MWiB AGM at London Road 2.30 pm