

Rejoice!

May 2015



**The Magazine of the
West Norfolk Methodist Circuit**

Dear Friends,

As you read in the last issue of Rejoice! the District Probationers' Committee and Presbyteral Synod have, by the grace of God, recommended me to the Connexion for ordination this summer. By the time this issue of Rejoice! is published I hope that the last of my probationer's studies will be completed and submitted. With the formal assessment of my probation completed comes the opportunity for celebration, and it is a great joy for me (and hopefully for you all) that the District Testimony Service will be held in the Circuit, at London Road on May 23rd at 3pm. These services are held annually and are a chance for the probationers' Circuits and the District to share in the journey of their probationer ministers from stationing to ordination, to hear something of the work of God in their lives and to celebrate the ways God calls and enables us. This year I will be the only probationer sent from the East Anglia District for reception into full connexion and ordination at the Conference in Southport.

As Southport is such a distance from us, I am thankful for the opportunity to have an event locally to mark the occasion. The service will be led by our District Chair, the Rev. Julian Pursehouse, and I am thrilled that our preacher will be the Rev Dr Malcolm Guite. Malcolm was one of my tutors for my MA in Pastoral Theology and is a poet and priest in the Church of England, serving as chaplain of Girton College, Cambridge. Those of you who have been at services I have led will no doubt have heard me read from his *Sounding the Seasons: Seventy Sonnets for the Christian Year*. It will be a real privilege to hear Malcolm read his own poems and to preach.

For those who would like a weekend away, tickets are available for both the Conference Service at Southport on 28th June at 10.30am when I will be received into Full Connexion, and for the Wesley House ordination service at Chester Cathedral that evening at 6.30pm. Tickets are free. I have a supply of tickets for the ordination service which I shall be happy to distribute, or they can be obtained from www.methodistconference.org.uk.

May I take this opportunity to thank you as a circuit for your welcome, your support and encouragement, your love and prayers. Thank you for the ways you have helped me to grow as a person, as a disciple and as a minister. The work is far from over, and I look forward to continuing to learn and serve within the life of our Circuit.

Every blessing,

Catherine

PS: Don't forget our special Circuit service on Saturday 18th July at London Road at 3pm when we will be celebrating ministry within our Circuit. More information in Rejoice! nearer the time.

Because of Jesus

Before U were thought of or time had begun
God even stuck U in the middle of his son.
And each time U pray you'll see that it's true
You can't spell out JesUs and not include U.

You're a pretty big part of his wonderful name
For U he was born, that's why he came.
And his great love for U is the reason he died
It even takes U to spell crUcified!

Isn't it thrilling and splendidly grand?
He rose from the dead, with U in his plan.
The stones split away, the gold trumpet blew
And this word resUrrection is spelt with a U.

When JesUs left earth at his upward ascension
He felt there was one thing he just had to mention.
"Go into the world and tell them it's true
That I love them all – just like I love U."

Praying together in the Circuit

Dear Theophilus:

In my first book I wrote about all the things that Jesus did and taught from the time he began his work until the day he was taken up to heaven. Before he was taken up, he gave instructions by the power of the Holy Spirit to the men he had chosen as his apostles. For forty days after his death he appeared to them many times in ways that proved beyond doubt that he was alive. They saw him, and he talked with them about the Kingdom of God. And when they came together, he gave them this order: "Do not leave Jerusalem, but wait for the gift I told you about, the gift my Father promised. John baptized with water, but in a few days you will be baptized with the Holy Spirit."

Acts1:1-5

Throughout forty days Jesus appeared to His disciples
their minds were opened to the Scriptures which spoke of him.

Their eyes opened to behold him, their risen Lord.

They journeyed from confusion to conviction,
from fear to faith, from disbelief to devotion,
from meeting together behind locked doors to worship in the Temple.

They witnessed Him ascending into heaven, his work on earth
complete.

Then, ten days of dedication, waiting and praying.

"When the Holy Spirit comes upon you, you will be filled with power
and you will be witnesses for me".

Witnesses to Jesus and his finished work on the cross
to his powerful resurrection

Messengers with a message of repentance and forgiveness.

Open our eyes Lord, open our hearts, open our spirits.

Come Holy Spirit; fill us, to be faithful witnesses of the Gospel today.

Come Holy Spirit, open lives to repent, to receive forgiveness,
salvation and the new life which Christ came in love to give.

Prayers have been requested for:-

Derek + Viv , Stephanie, Janice, Amy, Trisha, Linda, Ruth Harbach,
Andrew, Mavis, Julia, Rachel, Judy, Dulcie + Neill. Kelly, Kath,
Stephen + Victoria, William, Tom . Ken and Norma. Brian Osborne.
Rev. Marie Whitcombe in hospital, Ruth Dunster, Ron Godbold and his
family, the family of Lily Landymore

Praying for the Circuit. Saturdays at Downham Market 11 am

SCRIPTURE UNION

Invites you to

Believing Six impossible things before Jesus

Two talks by Dr. David Instone-Brewer

1. Creation - The first humans in Eden and the flood
2. Babel, Joshua's long day, crossing the Jordan.

Friday 5th June 7.00 pm - 9.30 pm
at The Good News Centre, St John's Church.
King's Lynn

More info - Mike Brown 01553 772036

Around the churches



Hilgay

On April 1st Hilgay held it's first Messy Church. This was a great success with thirteen children attending with parents and grandparents.

Activities included making items for Easter, and learning about the Easter Story and events of Holy Week. Lunch was enjoyed by all.

On Good Friday evening the church was comfortably filled for a moving service led by Deacon Janet Stafford and the Downham Methodist Choir.

On Tuesday 19th May we hope to hold a Coffee Morning at the home of Lesley and Desmond Dent.

Pauline Driver.

Terrington St Clement

At MWiB (Network) Ruth Hannay welcomed Rev. Catherine Dixon. Several of the members had not met Catherine and she gave us a "Potted History" of her journey to the Ministry, which was very interesting.

The next meeting was a celebration of Easter with a solo by Margaret Smith and readings by other members. Finishing with tea and hot cross buns.

Our Easter Coffee Morning with stalls, games and hot cross buns raised £ 330, a big thank you to every one who contributed.

Linda Howling

London Road

London Road was full on Mothering Sunday, when the 21st Scouts held their Parade service. The Scouts had prepared bunches of daffodils for all ladies present, which were presented by members of the Beavers and our fledgling Sunday School members. Rev. Catherine lead the service concentrating on Inspirational Women.

On 22nd March we held our 156th Church Anniversary when Rev. Robert Dolman led our worship. Robert reflected on the years past but also on the challenges ahead. After the Service an excellent meal was enjoyed prepared by Joan Hamon and her able cohorts, and £173 raised for All We Can (MRDF). Our Easter services started with communion on Maundy Thursday evening led by Catherine and we were well supported by North Lynn and South Wootton.

Our reflection Service on Good Friday afternoon was ably led by Tom Smith, who based the service on John's account of the death of Christ – he finished the service with a link to Easter Sunday with a poem entitled "The Tomb". Catherine led our Easter Sunday worship, handing out small Easter eggs to the congregation, thus enabling herself to consume her first chocolate since Ash Wednesday!

Catherine's theme of New Life was complemented by the receiving of Jan McQuade into membership.

Jan's mother was organist at London Road (St James) many years ago. All the hymns (poem writer from the last edition please note -all from STF) were sung with great gusto, (with happy expressions on people's faces) especially the final hymn Thine be the Glory to the music of Judas Maccabeus. The church on Easter Sunday had been brilliantly decorated as usual by the ever reliable Flower Committee – Thank you ladies.

On Sunday 5th July Rev Catherine Dixon will celebrate her first communion after ordination

David Gifford

Downham Market

Ladies' Friendship Group

Our March meetings went well. The Beetle Drive was well attended and we had a lots of laughs with peculiar drawings of beetles. Our Easter meeting was lovely Easter Hymns and readings by our members.

Our May meetings are as follows - A talk by Jill from the Macmillan Cancer Charity on 6th May. Mr Brian Bannister is coming on 20th May.

On June 17th we have arranged our Summer outing. This year we are going to Skegness, stopping for coffee on the way

The Coach will leave the Hollies at 10.30am and leaving Skegness about 4.30pm depending on the weather. Fare £12.00

If you would like to join us you are welcome. Please ring Ruby on 01366 388922 or Margaret 01366 386055.

We meet in the Function room at 7.30pm. New members are always welcome

Margaret Fox

We are now officially into Summer and it's a bit warmer after the very cold and wet Spring. We are a quarter of the way through the year already, how the time flies. I have heard it said that for us older people the time seems to go quickly because a day or a week even is such a small proportion of our lives, whereas for children a day or a week is a much bigger proportion. Whatever

the reason, we must make the most and full use of every day and not waste the precious time God has given us.

Our Easter services were very moving especially after the Walk of Witness and on Sunday the Church was full of spring flowers and we brought flowers to decorate the wooden cross which had been paraded bare round the town. This was then put in front of the Church outside for all to see, next to the lovely yellow cross of daffodils in the lawn, which our hard working gardeners had planted months before.

We are sad this month to say goodbye to Lily Landymore whose celebration of life service was on Tuesday 14th April, but we are glad that her suffering is now over and that she is with her Lord. She was a stalwart of our Sisterhood group, the Bowls Club, always willing to lend a hand at the Christmas bazaar and always spruce and well turned out. Indeed a lovely Christian lady and we shall miss her.

We are happy to have had a wedding in the Church this month. With so many venues to choose from and not so many couples getting married these days, it's good to welcome a couple to our fellowship and we pray that their vows, taken in God's house, and our prayers for them will help them through any difficult patches.

I took my own grandson to Messy Church last Friday and he really enjoyed it. There were over twenty children taking part with parents or grandparents, hearing the Easter story and making goblets, colouring crosses, which were then laminated for them, hopefully to be used as book marks and a permanent reminder of what they had learned. They also each made a small garden with a tomb as well as helping to make a larger Easter garden, full of flowering plants, which is now in front of the Communion table. After a film, a song and prayers they sat down to hot dogs and spaghetti, followed by chocolate mousse or trifle. What healthy appetites our children have, talk about hollow legs. I'm sure most of them will be back for next month's session and we must be grateful to all the cooks and leaders for their work on our behalf in creating such an atmosphere of fellowship and fun.

On the subject of food, the Downham Market food bank has made an urgent appeal for instant coffee, sugar, UHT milk, fruit juice and squash. At the moment they have plenty of tea and porridge. We have a box for donations in the Social Centre. Barclays bank in Downham is also a collection point. If you do not know the nearest place to take your donations contact Alex on 01366 384474, also to volunteer help at the food bank.

As last year, the weather during the week can be reasonable only to worsen on a Saturday morning. However the numbers at the weekly coffee morning have held up well and if it is windy and raining outside it makes the Social Centre seem more welcoming and warm. We are always in need of bric a brac so do have a summer declutter and bring items in to us when you will probably find

interesting items you didn't know you needed to buy! Seated outside under my gazebo I sometimes wish I was in the warm and dry but I do manage to sell plants to passers by and sometimes direct them in for refreshments and inexpensive shopping. Now that the double glazing is done, our next project which needs our fundraising is the painting of the outside, hopefully to be done before the Summer.

With all the children back at school now, I expect the weeks will fly by and the summer holidays will be here with some regular activities closed while we recharge our batteries to start again in September, then Harvest, then Christmas. Told you time goes more quickly when you get older. Wonder how we could make ourselves more childlike to make it go, or appear to go, more slowly? I am sure when I was young flowers used to be in season for longer. Now the garden plants no are over. Perhaps we stand and stare more beauty of the miraculous Messy Church and for families to have fun to laugh together. It's this and to wish Billy, the very happy 15th birthday. (where was he I wonder) Church and Junior Church. having more children on a I wish you a peaceful and



sooner bloom than they should make the time to often to appreciate the earth on which we live. holidays are a special time together, to play together, good to have evidence of young man in the picture a His sister and brother, both come to Messy It is so good that we are Sunday morning. happy Summer.

Joan Macey

Stow Bridge

How about this for a smile – “Marriage is an outmoded, silly convention, started by the cavemen and encouraged by the florists and the jewellers.” The author is Olivia de Havilland!!

How about this for truth – “Forgiveness is the economy of the heart, it saves the expense of anger, the cost of hatred and the waste of spirit”. The author, Hannah More.

Yoko Ono says, “We should do something that will make our heart dance once a day. If you can't do that because you're too depressed then do something that will make somebody else's heart dance”.

A royal thought, and mine too. "When one is 18 one has very definite dislikes, but as one grows older one becomes more tolerant and finds that nearly everyone is, in some degree, nice". The Queen Mother

Jimmy Carr was talking to his Nan about Ant and Dec. She didn't know which one Dec was. Jimmy said, "Do you know which one is Ant?"

"Yes," she said.

Says Harry Hill, "I knew I was going bald when it was taking longer and longer to wash my face!"

I had to go to the doctor's last week. He told me to take all my clothes off. Then he said, "You'll have to diet." I said, "What colour?" Ken Dodd.

Writing this on Easter Monday with only 263 days to go to Christmas Day (sorry!) here's a quiz for the young ones.

Write the first letter of the answers to the questions then rearrange them into the name of an angel.

1. The first man.
2. A book of the Old Testament is named after this queen.
3. A giant killed by David.
4. He was Ruth's second husband.
5. Son of Abraham, father of Jacob and Esau.
6. A doctor who wrote the third Gospel and Acts.
7. Another book of the Old Testament named after a woman.

The Christmas readings will tell the answer!

Peter Hewitt

(There's just no stopping Peter! So come on the rest of the Circuit!)

Dersingham

Our Flower Festival this year is entitled "Come on and Celebrate". As it is also the 125th Anniversary of our church the flower arrangements will be depicting the many Church activities which take place in our building and as part of our outreach in the village. We will be celebrating and giving thanks for 125 years of witness in Dersingham. We look forward to welcoming friends from around the Circuit from the 21st May to the 24th May, and to the visit of the Rev. Julian Pursehouse, Chair of the East Anglia Methodist District, who will be leading our worship on the Sunday morning at 10.30 a.m. The proceeds will

be for Church Funds and the Queen Elizabeth Hospital Appeal for new fully equipped wheel chairs.

Rosemary Caink

South Wootton

Our Easter Journey

The Lent course was led by Rev. Catherine Dixon and it had some really hard hitting stories headed "The Things Jesus Carried"; firstly his robe, then his people's disappointment, our sins and lastly the Cross. Catherine's words were very powerful.

Our Palm Sunday service was dedicated to the memory of Reg Rose as Reg and Mary were planned to be with us. Some of the congregation spoke of their memories of Reg.

On Good Friday Catherine took us to the foot of the Cross. I always find the day quite painful.

Our Easter Day service was led by Jenny Sparks (a good shepherd); such a lively lady who has not one single doubt about the "word".

The Knitting group made a knitted illustration of Palm Sunday and Good Friday (even the tomb). Easter Sunday we had a banner in white and gold and the words "He is Risen Indeed." A member of the South Wootton Anglican Church made it. We do travel the road together.

Phyllis Bowman

St Faith's

The annual Meeting of Parishioners takes place at 7pm on Tuesday, 28th April, in the Gaywood Church Rooms. During this first part of the meeting the church wardens will be elected for the next year. This will be followed immediately by the Annual Church Meeting. There are currently six vacancies to be filled on the Church Council. There will also be a vacancy for a Church Steward and a Deputy Warden.

The annual Archdeacon's Charge and picnic takes place this year on Bank Holiday Monday on 4th May and the venue is the wonderful setting of Houghton Hall between King's Lynn and Fakenham. The Hall was built for Britain's first Prime Minister, Sir Robert Walpole.

People are being invited to participate in the run (or walk) at their own pace and distance (anything from 2.5 miles to 10 mile. Sponsorship money is to be divided between St Faith's Church and the East Anglian Air Ambulance, for which the Duke of Cambridge is now a pilot.

For those not quite so energetic, there is an opportunity to stroll around the magnificent grounds and enjoy their own picnic. There is free entry to the grounds and free parking.

Daphne Sampson, of St Faith's has made a group registration for the Parish so any sponsorship for those taking part would be most welcome. Contact Mrs Sampson via the Church Office for more details.

Christian Aid Week starts on Sunday 10th May and volunteers who will be doing house-to-house collections in the Gaywood area are thanked for their time. More help is still needed. The retiring collection for May at St Faith's will be for Christian Aid and anyone who would like more information is asked to contact Lesley Harrison on 01553 672966.

Preparations are well-advanced for the popular St Faith's Grand Garden Fete which this year is being held on Saturday, 20th June, starting at 2pm. In the past few years the Fete has been held in the lovely green surroundings of the Rectory Gardens.

We are delighted to announce that this year's event is to be officially opened by the Dean of Norwich, Jane Hedges. We look forward to welcoming the Dean to cut the ribbon across the entrance to the Rectory Gardens. The fete, which has a long history, is considered one of Gaywood's social events of the year and people just love to attend the event and meet up with old friends they have perhaps not seen since the previous year's Fete.

A colourful selection of stalls and sideshows will again be set up for the interest of fete-goers who are able to pick up a few bargains as they tour the stalls. All the old favourites, including bric-a-brac, home-made cakes and preserves, plants, jewellery, books and toys, will be for sale as well as a few new stalls to tempt visitors to part with their cash.

Once again there will be a tea area created where people can sit for a while over a lovely cup of tea or soft drink and a slice of home-made chocolate cake or Victoria sponge.

There is the raffle and we the draw will be made at around 4pm by the Dean of Norwich. Admission is free.

Anyone who has items they would like to donate to the fete can contact the Church Office for more details.

Following last year's success of the newly-re-introduced St Faith's Parish Outing, the event is to be repeated this year when a coach will take church members and friends for a day out to the lovely Suffolk town of Bury St Edmunds. The date of the outing is Saturday 27th June. It is hoped that the day will include a wander around the shops, lunch, afternoon tea and a service of Evensong before travelling home. For more information and seat prices please contact the Parish Office.

The St Faith's Parish Office is open weekday mornings between 9am and 12 noon. The telephone contact number is 01553 774916. St Faith's website is www.stfaithsgaywoodlep.org.uk

Richard Parr

Pott Row

We are having our popular Quiz again on Friday 22nd May 2015 to raise funds for our Chapel.

Teams of up to six people, £2 per person (inc Tea/coffee.) Kick off at 7.30pm
Hope you can be there.

To book your team ring 01553 630369. Also for your diary! Our Strawberry Tea this year is Saturday July 11th.

THE ASCENSION

We have got a new cooker. This prompted Adrian to tell me the story of a paratrooper making his first jump. On leaving the plane he couldn't remember how to open the parachute. On the way down he met a man coming up sitting on a gas oven. "Do you know anything about parachutes?" he called out "...No, do you know anything about ovens?" I am afraid it was very irreverent of me but it made me think of the Ascension. That too seems such an improbable story.

When Jesus led his disciples out to the Mount of Olives something mysterious and profound happened that they could only describe in the thought forms of the day, when they believed that the earth was flat and heaven up on the next story, the celestial geography we used to sing about in children's hymns that have long since been removed from our hymn books, such as "There's a Friend for little children above the bright blue sky." Indeed there is something rather off-putting about Jesus ascending vertically and the straining eyes of the disciples following him, a Cape Canaveral scenario. I take the view that the writer was doing his best with something that was quite indescribable, like the Transfiguration or Pentecost.

So what are we to make of it? What is there in it for us? I think we can get round to it by seeing the effect it had on those who were there. Luke says "They returned to Jerusalem with great joy." From what we are told I think we can see three reasons why they were so happy,

They knew now that he was going to be around always. Of course they had been elated when they had seen the risen Lord but it was unthinkable that the appearances of Jesus should go on being limited by time and space, now with a few folk in an upper room, now with a group of disciples on the shore of a lake; and what about generations to come? There had to be a time when Jesus would be available for everyone everywhere for ever. This is what he had promised, “Lo I am with you always.”

They had caught a glimpse of heaven. For three thrilling years they had been with him, walked with him, talked with him, seen his love in action. They had been through exciting times which lifted them to mountain top heights. Now they had a vision of him as the cosmic Christ. He had not gone into celestial retreat. He sits at the right hand of God as Victor and Ruler. It was not an abdication; it was a coronation. They would be in for hard and dangerous times. This would make them ready for all that the world could throw at them.

They knew now that they had got to continue his mission.. He had given them their marching orders. They had had their glimpse of heaven, now it was out into the world to proclaim the faith that was in them. They were to wait in Jerusalem until power was given them, until Pentecost and then “You shall be my witnesses.....to the ends of the earth.”

That is what there is in the Ascension for us too – the joy of knowing that Jesus is there for us all the time....the joy of knowing Christ reigns victorious....the joy of knowing that we have a great job to do.

John Garfoot

Don't worry

If you do not worry you will find that things work out.
But the ways of God are often strange and round about.

You will find your mountains have been moved by a
mysterious hand.

The problem solved – thought sometimes not just as you
would have planned!

**DERSINGHAM METHODIST
CHURCH
FLOWER FESTIVAL**

COME ON AND CELEBRATE

**21st 22nd 23rd May
10.00 a.m. – 4.30 p.m.
Sunday 24th May
2.00 p.m. to 4.00 p.m.**

**Books + Cakes + Cards + Gifts
Plants + Fair Trade products**

Coffee + Lunches + Teas

**Sunday Service 10.30 a.m.
Songs of Praise 6.00 p.m.**

**Proceeds for Church Funds and
The QEH Wheel Appeal**

MWiB Conference at Belsey Bridge near Bungay March 2015

On Saturday 21st March three of us set off on a cool day really looking forward to hearing Rev Nicola Jones speak and joining our fellow women from across the District in fellowship food and fun at our Methodist Women's Conference. Many of you will remember Rev Dick Jones, Nicola's father, who served as Chair of our District in the 1980's.

After merry greetings and meeting friends from Downham, we were given a warm welcome by Rev Heather Sorrell our acting District President who took over earlier than planned from Mrs. Angela Macquibban. Nicola led the first of two morning sessions on the theme of the day "Who cares?"

Nicola's starting point was getting us to think about who we are, who we care for and who will care for us. We discussed with our neighbours and looked briefly at the Bible passages - Ecclesiastes 3 1 -8, Matthew 16 v 13 and Psalm 139 which Nicola used during her talks.

Then we were given an impassioned insight into the lives of refugees and those who have disabilities in the Land of the Holy One. Nicola referred to Israel and the West Bank area of the Palestinians with this name. She told us of the huge compassionate work done by the small communities of Christians in the Land of the Holy One and how they often feel forgotten by Christians in the West. Nicola told us of the Four Homes of Mercy especially the one in Bethany that she has visited once or twice a year for many years. Many older and not so old people are cared for in the Bethany home that have incontinence issues, and the need is for about £2000 for incontinence pads a week! In a weak moment Nicola offered to bring money each time for what she'd heard as £200! But so far she has managed to raise £2000 to take each time she goes there!

It was emotional for Nicola to talk about and describe the conditions the Palestinians live in, in the Refugee Camps and how there is no freedom to move across to the other side of the Wall on the West Bank. She recounted how many have lost sons and daughters through the fighting and as a result of restrictions to passage, even when emergency treatment is needed at the hospital! She told us of a mother and baby who lost their lives through this delay. There is heartbreak of course on both sides though, when the suicide bombers kill innocent Israelis and the Israelis shoot Palestinians. Nicola recounted a meeting with Israeli and Palestinian mothers, a distraught Palestinian mother begging forgiveness at the feet of an Israeli mother.

So we were given much to think about through Rev. Nicola's two inspirational sessions and were asked especially to remember the Christians who show they

care for all in the Land of the Holy One. All they ask for and want is the prayerful support and visits from us, whenever we are able to do so.

There was time for a short workshop before lunch. We had been given a choice between bead craft, creative prayer, discussion and creative writing, drama or singing. Several of our Circuit made beautiful creations from beads, Mary went to the Prayer group and Linda and I went to do some drama based on the Parable of the sheep and the goats. But this script based on Matthew 25 verses 31 – 40 was very humorous and several of us spoke the sheep views! We also dressed up with anything woolly! It was very well received with hilarity at the Worship.

After lunch we had another hour of workshop in preparation for the Worship with Communion in which women in the drama and singing and prayer groups enhanced a meaningful service led by Rev. Heather and Rev. Nicola.

Do come and join in the Spring District day at Chapel Field Road, Norwich on 30th April when the speaker will be Linda Crossley President of Methodist Women. The Autumn District day will be at Diss on 8th October when Rev. Heather Sorrell will be Inducted as our President. More about this at a later date.

Helen Maguire

London Road Gift Day

Saturday 6th June 2015

**Coffee Morning with stalls 10am-12noon in
Church**

**Hornby Model Trains display in Hall 10am-
3.30pm**

All welcome

ACTION FOR CHILDREN
STEP OUT FOR CHILDREN 2015
Saturday, June 20th 2015
10 a.m. start
Starting and finishing at
Upwell Methodist Church

This year's sponsored walk will take the form of a 3½ mile ramble around Upwell and Outwell starting from Upwell Methodist Church. It's a pleasant walk taken at the pace of the slowest and gives you a chance to make new friends, renew acquaintances and get fit. It's a walk along quiet roads, footpaths and orchards. More details nearer the time. For more information please, contact me on: 01366 385772. Thanks in anticipation.

John Miles

PS If you want to sponsor someone I am ready to be sponsored!!! Ed.



Any items for the **JUNE** edition should be with the editor by **MAY 12th**, earlier if possible. **If you don't get an acknowledgment of emails PLEASE enquire if I have received them as some articles have found their way into my spam bin which I don't check very often!** Not much in this month. If you think we don't need Rejoice! Any more please let me or Andrew know.

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West Norfolk Methodist Circuit Diary April 2015 onwards

Sunday 3rd May service at 8.45am with breakfast first at 8.00am, London Road.

Saturday 9th May Fellowship Breakfast at Marham at 8.30 am

Friday 22nd May Quiz at Pott Row at 7.30 pm

Wednesday 20th May Easter Offering Dedication Service at London Road at 2.30 pm

21st May – 24th May Flower Festival to celebrate 125th Anniversary at Dersingham

Saturday 23rd May at 3pm - Probationer's Testimony Service for Catherine Dixon at London Road

Saturday 6th June, Gift Day Coffee Morning, 10am - 12 noon and Hornby model trains display in the hall 10am - 3.30pm, London Road.

Saturday 13th June Fellowship Breakfast at Pott Row 8.30 am

Saturday 20th June Step out for Action for Children

Sunday 28th June Rev. Catherine Dixon's ordination at Chester Cathedral.

Saturday 11th July Strawberry Tea at Pott Row

Saturday 11th July Fellowship Breakfast at Hilgay at 8.30 am

Saturday 18th July at 3pm – Circuit “Celebration of Ministry” service – preacher Revd Julian Pursehouse, Chair of the District. More details to follow. Please put the date in your diary!